

Risk Assessment Report

Risk Assessment UID	H/MHC/NAV/26/00001	Site Name	Leeper, Suffield Depot, Fleischmanns, Alanreed, Galeville, Rosewood, Bowers, Vinings, Weldon, Cowgill, Fort Myers Beach, Council Bluffs
Risk Assessment Name	Noise and Vibration	Status	Publish
Next Revision Date	01-Apr-2027	Revision Number	0.0
Approved By	Renard Whatley	Created On	27-Mar-2026 02:17:23 AM
Published Date	01-Apr-2026 01:45:32 PM		

Activity: Noise and Vibration

Sub-Activity: Soil Compaction (Roller / Plate Compactor / Jumping Jack)

Hazard

Hazard	Continuous high noise from engine and compaction plate
Risk	Hearing loss, headache, fatigue
Likelihood	4
Consequences	4
RR	16
Risk Level	High Risk

Control Measures

E - Elimination	<ul style="list-style-type: none"> Avoid operating compaction equipment in enclosed or reflective areas where noise amplification occurs. Do not allow unnecessary personnel to remain near operating compaction machinery. Suspend operation if noise levels exceed permissible exposure limits and cannot be controlled.
SB – Substitution	<ul style="list-style-type: none"> Use low-noise or newer generation compaction equipment with noise reduction features. Replace diesel-powered compactors with electric or battery-operated models where technically feasible.
EC – Engineering Controls	<ul style="list-style-type: none"> Install engine mufflers and acoustic enclosures around compaction equipment. Maintain equipment regularly to prevent excessive noise from worn-out components. Provide temporary noise barriers around high-noise zones. Ensure proper mounting of compaction plates to reduce rattling noise.
AD – Administrative Controls	<ul style="list-style-type: none"> Conduct noise level assessment before starting compaction work. Limit exposure time by rotating operators. Conduct toolbox talks on hearing hazards and symptoms of hearing damage. Maintain log of noise monitoring and equipment maintenance. Implement restricted access zone around operating equipment.
PPE – Personal Protective Equipment	<ul style="list-style-type: none"> Ear plugs or ear muffs rated for high industrial noise. Safety helmet. Safety shoes with anti-slip sole. Gloves to improve grip and reduce vibration transmission.

Residual Risk

Likelihood	3
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Consequences	4
Residual RR	12
Risk level	Medium Risk
Additional Control Measures	NA
Opportunities	NA

Hazard

Hazard	Excessive vibration through ground
Risk	Hand-arm vibration syndrome, operator discomfort
Likelihood	4
Consequences	3
RR	12
Risk Level	Medium Risk

Control Measures

E - Elimination	<ul style="list-style-type: none"> • Avoid prolonged continuous operation without rest intervals. • Do not operate equipment on unstable or excessively hard surfaces that increase vibration.
SB – Substitution	<ul style="list-style-type: none"> • Use vibration-dampened compactors with anti-vibration handles. • Replace older high-vibration equipment with modern low-vibration models.
EC – Engineering Controls	<ul style="list-style-type: none"> • Ensure equipment is properly balanced and maintained. • Install vibration isolators or dampers on handles and mounting points. • Provide anti-vibration operator platforms where feasible.
AD – Administrative Controls	<ul style="list-style-type: none"> • Rotate operators to minimize prolonged exposure. • Conduct training on safe handling techniques and correct grip posture. • Monitor exposure duration as per vibration exposure limits. • Maintain equipment servicing log.
PPE – Personal Protective Equipment	<ul style="list-style-type: none"> • Anti-vibration gloves. • Safety boots with cushioned sole. • Full-sleeve protective clothing.

Residual Risk

Likelihood	3
Consequences	3
Residual RR	9
Risk level	Medium Risk
Additional Control Measures	NA
Opportunities	NA

Hazard

Hazard	Diesel exhaust exposure
Risk	Respiratory irritation
Likelihood	3

Consequences	3
RR	9
Risk Level	Medium Risk

Control Measures

E – Elimination	<ul style="list-style-type: none"> • Avoid operating diesel compactors in poorly ventilated areas. • Do not position operators directly in exhaust emission path.
SB – Substitution	<ul style="list-style-type: none"> • Replace diesel compactor with electric compactor where feasible. • Use low-emission diesel engines compliant with emission standards.
EC – Engineering Controls	<ul style="list-style-type: none"> • Ensure proper exhaust direction away from operator zone. • Install exhaust filters or emission control devices. • Provide adequate ventilation in semi-enclosed work areas.
AD – Administrative Controls	<ul style="list-style-type: none"> • Conduct toolbox talks on diesel exhaust hazards. • Maintain engine in good condition to reduce emissions. • Monitor air quality if working in partially enclosed areas.
PPE – Personal Protective Equipment	<ul style="list-style-type: none"> • Respiratory mask if ventilation is inadequate. • Safety helmet. • Gloves. • Safety shoes

Residual Risk

Likelihood	2
Consequences	3
Residual RR	6
Risk Level	Low Risk

Additional Control Measures	NA
Opportunities	NA

Sub-Activity: Drilling (Anchor / Core Drilling / Rock Drilling)

Hazard

Hazard	High noise from drill motor
Risk	Hearing damage, loss of concentration
Likelihood	4
Consequences	4
RR	16
Risk Level	High Risk

Control Measures

E – Elimination	<ul style="list-style-type: none"> • Avoid performing drilling activities in confined, echo-prone areas where noise levels can amplify significantly due to sound reflection from walls and slabs. • Do not allow personnel who are not directly involved in drilling operations to remain within the high-noise zone during drilling work. • Stop drilling activity immediately if abnormal noise levels are observed due to mechanical defects or tool malfunction.
SB – Substitution	<ul style="list-style-type: none"> • Use low-noise drill machines specifically designed with sound-dampening motor housings. • Replace pneumatic rock drills with electric or hydraulic drills that generate comparatively lower noise levels, wherever technically feasible. • Use sharp and properly rated drill bits to reduce friction-generated noise.
EC – Engineering Controls	<ul style="list-style-type: none"> • Install portable acoustic barriers or temporary soundproof curtains around the drilling zone to reduce noise transmission to nearby workers. • Ensure that drill motors are fitted with manufacturer-approved silencers or mufflers. • Maintain equipment regularly, including lubrication of moving parts, to prevent excessive rattling and vibration noise. • Isolate drilling machine from direct structural contact where feasible to reduce resonance amplification.
AD – Administrative Controls	<ul style="list-style-type: none"> • Conduct a pre-work noise assessment using a calibrated sound level meter to determine exposure levels. • Implement a job rotation schedule to limit the duration of exposure for each worker. • Conduct regular toolbox talks emphasizing the long-term effects of hearing damage and the importance of hearing protection. • Maintain a documented hearing conservation program including periodic audiometric testing for operators. • Clearly demarcate high-noise zones with signage such as “Hearing Protection Mandatory Area.”
PPE – Personal Protective Equipment	<ul style="list-style-type: none"> • High Noise Reduction Rating (NRR) ear plugs or ear muffs suitable for industrial drilling noise levels. • Safety helmet with chin strap to ensure protection during vibration exposure. • Safety goggles to protect against debris during drilling. • Full-sleeve protective clothing. • Safety shoes with anti-slip sole.

Residual Risk

Likelihood	2
Consequences	4
Residual RR	8
Risk Level	Medium Risk
Additional Control Measures	NA
Opportunities	NA

Hazard

Hazard	Hand-arm vibration from drilling tool
Risk	Numbness, wrist injury
Likelihood	4
Consequences	3
RR	12
Risk Level	Medium Risk

Control Measures

E - Elimination	<ul style="list-style-type: none"> • Avoid prolonged continuous drilling without scheduled rest intervals. • Do not operate drill equipment that produces excessive vibration due to mechanical wear or imbalance. • Suspend operation if vibration levels exceed recommended exposure limits.
SB – Substitution	<ul style="list-style-type: none"> • Use anti-vibration drill machines designed with dampening technology. • Replace conventional drill handles with ergonomically designed, vibration-absorbing handles. • Use sharp, properly sized drill bits to reduce vibration caused by friction and resistance.
EC – Engineering Controls	<ul style="list-style-type: none"> • Ensure regular balancing and maintenance of drill motor and rotating components. • Install vibration dampers or shock absorbers in drill mounting system. • Secure drilling base firmly to reduce recoil and instability. • Provide stable working platforms to prevent additional strain due to imbalance.
AD – Administrative Controls	<ul style="list-style-type: none"> • Conduct ergonomic training for workers on proper grip techniques and posture. • Implement job rotation to reduce prolonged exposure to vibration. • Maintain records of exposure duration in accordance with vibration exposure guidelines. • Conduct periodic health monitoring for early symptoms of Hand-Arm Vibration Syndrome (HAVS).
PPE – Personal Protective Equipment	<ul style="list-style-type: none"> • Anti-vibration gloves certified for industrial use. • Wrist support if medically recommended. • Safety helmet. • Safety boots with cushioned sole to absorb transmitted vibration.

Residual Risk

Likelihood	2
Consequences	3
Residual RR	6
Risk Level	Low Risk
Additional Control Measures	NA
Opportunities	NA

Hazard

Hazard	Dust and flying particles
Risk	Eye irritation, lung exposure
Likelihood	4
Consequences	4
RR	16
Risk Level	High Risk

Control Measures

E - Elimination	<ul style="list-style-type: none"> • Avoid dry drilling methods where wet drilling or vacuum-assisted systems can be used. • Do not allow drilling operations to continue if dust suppression system is not functioning properly. • Remove unnecessary personnel from drilling area to minimize exposure.
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SB – Substitution	<ul style="list-style-type: none"> • Use water-assisted drilling systems to suppress airborne dust generation. • Replace conventional drill bits with dust-extraction integrated drill bits. • Use pre-cast anchor points to reduce drilling requirement where feasible.
EC – Engineering Controls	<ul style="list-style-type: none"> • Install localized dust extraction system connected to drilling equipment. • Provide water spray systems to control dust at source. • Ensure adequate ventilation in indoor or enclosed drilling areas. • Use containment sheets or enclosures to prevent dust spreading to adjacent work areas.
AD – Administrative Controls	<ul style="list-style-type: none"> • Conduct toolbox talks on silica dust hazards and respiratory protection requirements. • Implement exposure time limitation for workers in high-dust environments. • Maintain housekeeping practices to prevent dust accumulation. • Keep log of dust monitoring if applicable.
PPE – Personal Protective Equipment	<ul style="list-style-type: none"> • N95 or P100 respirator suitable for fine particulate matter. • Safety goggles with side shields or full-face shield. • Full-sleeve protective coveralls. • Safety gloves. • Safety boots with anti-slip sole.

Residual Risk

Likelihood	2
Consequences	4
Residual RR	8
Risk level	Medium Risk
Additional Control Measures	NA
Opportunities	NA

Sub-Activity: Concrete Pouring (Boom Placer / Pump / Vibrator Use)

Hazard

Hazard	Noise from vibrator motor and pump
Risk	Hearing fatigue, headache
Likelihood	3
Consequences	3
RR	9
Risk Level	Medium Risk

Control Measures

E – Elimination	<ul style="list-style-type: none"> • Avoid operating concrete vibrators and pumps in confined or enclosed areas where sound reflection significantly increases noise intensity. • Do not allow multiple high-noise equipment units to operate simultaneously in close proximity unless absolutely necessary for the operation. • Stop operation immediately if abnormal or excessive noise is detected due to mechanical defects or improper installation.
SB – Substitution	<ul style="list-style-type: none"> • Use low-noise concrete vibrators and pumps designed with sound-insulated motor housings. • Replace older diesel-driven pumps with electric-driven pumps where power supply is available and technically feasible. • Use properly sized vibrator needles to reduce unnecessary motor strain and excessive noise generation

EC – Engineering Controls	<ul style="list-style-type: none"> • Install temporary acoustic barriers or sound-absorbing panels around stationary pump units. • Ensure proper lubrication and regular maintenance of pump motors and vibrator shafts to prevent additional noise from wear and tear. • Secure equipment firmly to stable ground to prevent rattling noise caused by vibration movement. • Position pump units at a safe distance from worker rest zones or control stations.
AD – Administrative Controls	<ul style="list-style-type: none"> • Conduct periodic noise level monitoring using calibrated sound measuring devices. • Implement shift rotation to limit prolonged exposure of workers to continuous motor noise. • Conduct toolbox talks explaining early symptoms of hearing fatigue and hearing loss. • Clearly mark high-noise operational zones with warning signage such as "Hearing Protection Required." • Maintain maintenance logs to ensure equipment operates within acceptable noise limits
PPE – Personal Protective Equipment	<ul style="list-style-type: none"> • Industrial-grade ear plugs or ear muffs with appropriate Noise Reduction Rating (NRR). • Safety helmet with chin strap. • Safety goggles to protect against splashes and debris. • Full-sleeve protective clothing. • Safety boots with anti-slip sole.

Residual Risk

Likelihood	1
Consequences	3
Residual RR	3
Risk level	Low Risk
Additional Control Measures	NA
Opportunities	NA

Hazard

Hazard	Prolonged hand contact with vibrator handle
Risk	Hand-arm vibration, finger numbness
Likelihood	4
Consequences	3
RR	12
Risk Level	Medium Risk

Control Measures

E – Elimination	<ul style="list-style-type: none"> • Avoid continuous operation of concrete vibrator for extended periods without scheduled rest breaks. • Do not use vibrator equipment that produces excessive vibration due to mechanical defects or imbalance. • Suspend work if operator experiences numbness, tingling, or discomfort in hands.
SB – Substitution	<ul style="list-style-type: none"> • Use anti-vibration concrete vibrators equipped with dampened handles. • Replace conventional rigid handles with ergonomically designed grip systems to reduce vibration transmission. • Use shorter-duration vibration techniques to minimize continuous exposure.
EC – Engineering Controls	<ul style="list-style-type: none"> • Ensure vibrator shaft and motor are properly balanced and maintained. • Install vibration-absorbing materials between handle and motor assembly. • Use stable working platforms to reduce additional strain caused by unstable footing. • Regularly inspect and replace worn bearings that may increase vibration levels.

AD – Administrative Controls	<ul style="list-style-type: none"> • Rotate operators to reduce prolonged exposure to hand-arm vibration. • Provide ergonomic training on correct gripping techniques and posture. • Monitor vibration exposure duration in accordance with occupational exposure standards. • Maintain health surveillance records for early detection of vibration-related disorders.
PPE – Personal Protective Equipment	<ul style="list-style-type: none"> • Anti-vibration gloves certified for construction use. • Safety helmet. • Safety boots with cushioned sole. • Full-sleeve protective clothing to reduce minor abrasions.

Residual Risk

Likelihood	2
Consequences	3
Residual RR	6
Risk Level	Low Risk
Additional Control Measures	NA
Opportunities	NA

Sub-Activity: Pipe Cutting (Grinder / Cutter Machine)

Hazard

Hazard	High-frequency noise from cutting disc
Risk	Hearing loss, tinnitus
Likelihood	4
Consequences	4
RR	16
Risk Level	High Risk

Control Measures

E – Elimination	<ul style="list-style-type: none"> • Avoid performing pipe cutting activities in confined or enclosed areas where sound waves reflect and amplify overall noise levels. • Do not allow multiple grinders or cutter machines to operate simultaneously in the same immediate area unless operationally required. • Stop using cutting equipment immediately if abnormal screeching or excessive noise is detected due to damaged disc or mechanical defect. • Remove unnecessary personnel from the cutting zone to eliminate non-essential exposure to high noise levels.
SB – Substitution	<ul style="list-style-type: none"> • Use low-noise grinder models designed with improved motor insulation and vibration control technology. • Replace worn or unbalanced cutting discs with manufacturer-recommended discs to reduce excess noise generation. • Use pipe cutting machines with enclosed blade systems instead of open high-speed grinders where feasible.

EC – Engineering Controls	<ul style="list-style-type: none"> • Install temporary sound barriers or acoustic screens around cutting operations when working near other crews. • Ensure grinder guards are properly fitted to reduce noise dispersion. • Maintain cutting discs in good condition and ensure correct RPM rating to prevent excessive vibration noise. • Conduct regular preventive maintenance of motor bearings and rotating parts to prevent rattling noise. • Position cutting activity away from reflective surfaces when possible.
AD – Administrative Controls	<ul style="list-style-type: none"> • Conduct noise monitoring before and during pipe cutting activities. • Implement exposure time limits and rotate operators to reduce prolonged noise exposure. • Provide training on recognizing early symptoms of hearing damage such as ringing in ears (tinnitus). • Display signage such as “High Noise Area – Hearing Protection Mandatory.” • Maintain equipment inspection and maintenance records.
PPE – Personal Protective Equipment	<ul style="list-style-type: none"> • High Noise Reduction Rating (NRR) ear plugs or ear muffs. • Safety helmet with chin strap. • Safety goggles or face shield to protect from sparks and debris. • Cut-resistant gloves for safe handling of pipes. • Safety boots with anti-slip sole.

Residual Risk

Likelihood	2
Consequences	4
Residual RR	8
Risk Level	Medium Risk
Additional Control Measures	NA
Opportunities	NA

Hazard

Hazard	Excessive vibration and recoil
Risk	Wrist/forearm strain
Likelihood	3
Consequences	3
RR	9
Risk Level	Medium Risk

Control Measures

E – Elimination	<ul style="list-style-type: none"> • Avoid using grinder machines with excessive recoil or poor balance. • Do not force the cutting disc into the material; allow the machine to cut at its designed speed. • Stop operation if unusual vibration or kickback occurs.
SB – Substitution	<ul style="list-style-type: none"> • Use anti-vibration grinder models with dampened handles. • Replace standard handles with ergonomically designed grip systems to reduce strain. • Use pipe cutting clamps or stands to secure material instead of manual holding.
EC – Engineering Controls	<ul style="list-style-type: none"> • Ensure grinder is equipped with anti-vibration side handles. • Secure pipe firmly using mechanical clamps or vices to prevent movement during cutting. • Maintain proper disc alignment and ensure disc is not warped. • Inspect and replace worn-out bearings or motor components that increase vibration.

AD – Administrative Controls	<ul style="list-style-type: none"> • Rotate operators to reduce prolonged exposure to vibration. • Provide training on proper cutting posture and two-hand operation technique. • Monitor duration of continuous grinder use. • Conduct regular inspection checklist before use.
PPE – Personal Protective Equipment	<ul style="list-style-type: none"> • Anti-vibration gloves. • Safety helmet. • Safety goggles or full-face shield. • Safety boots.

Residual Risk

Likelihood	1
Consequences	3
Residual RR	3
Risk Level	Low Risk

Additional Control Measures	NA
Opportunities	NA

Hazard

Hazard	Flying sparks or dust
Risk	Eye injury, burn
Likelihood	4
Consequences	4
RR	16
Risk Level	High Risk

Control Measures

E – Elimination	<ul style="list-style-type: none"> • Avoid cutting near flammable materials or combustible substances. • Remove unnecessary materials and debris from cutting area. • Stop operation if spark direction cannot be controlled safely.
SB – Substitution	<ul style="list-style-type: none"> • Use cold cutting techniques (e.g., pipe cutter) instead of high-speed abrasive cutting when feasible. • Replace damaged cutting discs that produce excessive sparks.
EC – Engineering Controls	<ul style="list-style-type: none"> • Install spark shields or protective barriers around cutting zone. • Ensure grinder guard is properly installed and positioned. • Provide local exhaust ventilation to control dust dispersion. • Keep fire extinguisher readily available near work area.
AD – Administrative Controls	<ul style="list-style-type: none"> • Conduct toolbox talk on fire hazards and eye protection importance. • Maintain safe distance from other workers. • Assign fire watch if cutting near combustible environment. • Inspect area for smoldering sparks after completion of work.
PPE – Personal Protective Equipment	<ul style="list-style-type: none"> • Full-face shield in addition to safety goggles. • Flame-resistant gloves. • Flame-resistant full-sleeve clothing. • Safety boots with heat-resistant sole.

Residual Risk

Likelihood	2
Consequences	4
Residual RR	8
Risk Level	Medium Risk
Additional Control Measures	NA
Opportunities	NA

Sub-Activity: Chipping (Breaker / Demolition Hammer)

Hazard

Hazard	Extreme noise (>100 dB)
Risk	Permanent hearing loss
Likelihood	4
Consequences	5
RR	20
Risk Level	High Risk

Control Measures

E – Elimination	<ul style="list-style-type: none"> • Avoid performing chipping or demolition activities inside enclosed or semi-enclosed structures where sound reflection significantly increases overall decibel levels. • Do not allow unnecessary personnel to remain within the immediate vicinity of the chipping activity during operation. • Suspend operation immediately if the equipment produces abnormal or unusually high noise levels due to mechanical malfunction, loose components, or improper attachment of chisel bits. • Plan demolition sequence in a manner that reduces simultaneous operation of multiple high-noise tools in the same work zone.
SB – Substitution	<ul style="list-style-type: none"> • Use low-noise hydraulic breakers instead of pneumatic breakers where technically feasible. • Replace older demolition hammers with newer models that are designed with integrated noise-reduction technology and vibration dampening systems. • Use pre-cutting or controlled demolition techniques to reduce the duration and intensity of hammering.
EC – Engineering Controls	<ul style="list-style-type: none"> • Install temporary acoustic barriers or portable soundproof panels around the chipping zone to reduce noise transmission to adjacent workers. • Ensure that equipment is properly maintained, lubricated, and fitted with manufacturer-approved noise dampening accessories. • Secure chisel bits tightly and inspect regularly to prevent rattling noise caused by loose fittings. • Position compressor units (if pneumatic tools are used) at a distance from main working crew and use extended air hoses where possible.
AD – Administrative Controls	<ul style="list-style-type: none"> • Conduct pre-task noise level measurement using calibrated sound level meter. • Implement a hearing conservation program including periodic audiometric testing for workers exposed to high noise levels. • Limit exposure duration by rotating operators and providing scheduled rest intervals. • Conduct toolbox talks emphasizing the irreversible nature of permanent hearing loss. • Clearly mark high-noise zones with signage such as "Danger – High Noise Area – Hearing Protection Mandatory." • Maintain inspection and maintenance records for demolition equipment.

PPE – Personal Protective Equipment	<ul style="list-style-type: none"> • High NRR-rated ear plugs in combination with ear muffs (double hearing protection if required). • Safety helmet with chin strap to protect from vibration and falling debris. • Safety goggles , Full-sleeve protective clothing & Safety boots with anti-slip and impact-resistant sole
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Residual Risk

Likelihood	2
Consequences	5
Residual RR	10
Risk Level	Medium Risk
Additional Control Measures	NA
Opportunities	NA

Hazard

Hazard	Hand-arm vibration from long use
Risk	Nerve damage, vibration white finger
Likelihood	4
Consequences	4
RR	16
Risk Level	High Risk

Control Measures

E – Elimination	<ul style="list-style-type: none"> • Avoid continuous operation of breaker for extended periods without adequate rest intervals. • Do not use demolition hammers that produce excessive vibration due to worn-out internal components or damaged chisel bits. • Stop work immediately if operator experiences tingling sensation, numbness, or reduced grip strength.
SB – Substitution	<ul style="list-style-type: none"> • Use anti-vibration demolition hammers equipped with vibration isolation handles. • Replace conventional steel handles with ergonomically designed cushioned grips. • Use remote-controlled demolition equipment for large-scale chipping where feasible.
EC – Engineering Controls	<ul style="list-style-type: none"> • Ensure regular balancing and servicing of internal piston and striking mechanism. • Install vibration dampening mounts or isolation systems where equipment is mounted. • Keep chisel bits sharp to reduce excessive force and vibration during impact. • Provide stable and even working platforms to prevent additional strain from unstable posture.
AD – Administrative Controls	<ul style="list-style-type: none"> • Implement job rotation to limit duration of exposure to vibration. • Provide ergonomic training on proper stance and grip techniques. • Monitor vibration exposure levels in accordance with occupational exposure standards. • Maintain health surveillance records to detect early symptoms of Hand-Arm Vibration Syndrome (HAVS). • Encourage workers to report symptoms immediately without fear of penalty.
PPE – Personal Protective Equipment	<ul style="list-style-type: none"> • Certified anti-vibration gloves. • Safety boots with shock-absorbing soles. • Full-sleeve protective clothing. • Safety helmet and eye protection.

Residual Risk

Likelihood	2
Consequences	4

Residual RR	8
Risk Level	Medium Risk
Additional Control Measures	NA
Opportunities	NA

Hazard

Hazard	Flying chips and dust
Risk	Eye injury
Likelihood	4
Consequences	3
RR	12
Risk Level	Medium Risk

Control Measures

E – Elimination	<ul style="list-style-type: none"> • Avoid dry chipping methods where wet suppression techniques can be applied to reduce dust generation. • Remove loose debris from working surface before starting demolition to prevent secondary flying particles. • Clear the surrounding area of non-essential personnel prior to commencing work.
SB – Substitution	<ul style="list-style-type: none"> • Use wet chipping techniques with controlled water spray to reduce dust emission. • Replace damaged or worn-out chisel bits that may cause uncontrolled fragment ejection.
EC – Engineering Controls	<ul style="list-style-type: none"> • Install temporary physical barriers or debris screens around demolition area. • Use local dust extraction systems where feasible. • Ensure proper tool guards are installed and secured. • Maintain adequate lighting to clearly see working surface and reduce accidental fragmentation.
AD – Administrative Controls	<ul style="list-style-type: none"> • Conduct toolbox talks on eye hazards and proper positioning during chipping. • Maintain safe working distance between operators. • Inspect chisel bits and equipment before each use. • Assign supervisor to monitor safe work practices.
PPE – Personal Protective Equipment	<ul style="list-style-type: none"> • Safety goggles with side shields or full-face shield. • Dust mask or respirator if dust levels are high. • Safety helmet. • Heavy-duty gloves. • Safety boots with anti-slip sole.

Residual Risk

Likelihood	2
Consequences	3
Residual RR	6
Risk Level	Low Risk
Additional Control Measures	NA
Opportunities	NA

Sub-Activity: Floor Grinding / Polishing Machine

Hazard

Hazard	Prolonged machine vibration
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Risk	Lower back pain, hand fatigue
Likelihood	4
Consequences	3
RR	12
Risk Level	Medium Risk

Control Measures

E – Elimination	<ul style="list-style-type: none"> • Avoid operating floor grinding or polishing machines continuously for extended durations without planned rest intervals. • Do not use grinding machines that produce excessive vibration due to worn grinding pads, unbalanced rotating heads, or mechanical defects. • Suspend operation immediately if abnormal shaking, imbalance, or structural instability of the machine is observed. • Remove uneven debris or obstacles from the floor surface before starting grinding to prevent sudden vibration spikes.
SB – Substitution	<ul style="list-style-type: none"> • Use modern grinding machines equipped with built-in vibration dampening systems and ergonomic handle designs. • Replace rigid metal handles with cushioned, anti-vibration grip systems. • Use self-propelled or ride-on grinding machines for large surface areas to reduce manual handling strain.
EC – Engineering Controls	<ul style="list-style-type: none"> • Ensure grinding discs or polishing pads are properly balanced and securely fastened before operation. • Maintain machine components, including bearings and rotating assemblies, to prevent vibration caused by wear and tear. • Install vibration isolation mounts between motor and chassis to reduce transmission of vibration to operator handles. • Provide stable and level working surfaces to prevent uneven machine movement.
AD – Administrative Controls	<ul style="list-style-type: none"> • Implement job rotation to reduce prolonged exposure to vibration. • Provide ergonomic training on correct posture, handle grip, and body positioning during operation. • Monitor duration of exposure in accordance with vibration exposure guidelines. • Conduct regular maintenance inspections and document vibration-related complaints from operators. • Encourage workers to report early symptoms such as numbness, stiffness, or lower back discomfort.
PPE – Personal Protective Equipment	<ul style="list-style-type: none"> • Anti-vibration gloves suitable for grinding operations. • Safety boots with cushioned and anti-slip soles. • Back support belt if medically recommended. • Full-sleeve protective clothing. • Safety helmet where overhead hazard exists.

Residual Risk

Likelihood	2
Consequences	3
Residual RR	6
Risk Level	Low Risk

Additional Control Measures	NA
Opportunities	NA

Hazard

Hazard	High-frequency noise (continuous)
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Risk	Hearing fatigue, stress
Likelyhood	4
Consequences	4
RR	16
Risk Level	High Risk

Control Measures

E – Elimination	<ul style="list-style-type: none"> • Avoid operating multiple grinding machines simultaneously in confined areas where sound amplification may occur. • Do not allow non-essential personnel to remain near active grinding operations. • Stop operation immediately if abnormal screeching or excessive noise indicates mechanical malfunction.
SB – Substitution	<ul style="list-style-type: none"> • Use low-noise motor grinding machines with improved sound insulation technology. • Replace worn grinding pads that may produce excessive friction noise. • Use electric-driven machines instead of diesel-driven units where feasible.
EC – Engineering Controls	<ul style="list-style-type: none"> • Install temporary acoustic barriers around grinding areas to reduce noise transmission. • Maintain motor components and rotating parts to prevent noise caused by loose fittings or imbalance. • Ensure machine guards are properly fitted to reduce noise dispersion. • Position equipment away from reflective walls where possible.
AD – Administrative Controls	<ul style="list-style-type: none"> • Conduct periodic noise level assessments. • Implement shift rotation to minimize prolonged exposure. • Conduct toolbox talks on risks of continuous noise exposure and hearing conservation practices. • Clearly display signage: “High Noise Area – Hearing Protection Required.” • Maintain hearing conservation program with periodic audiometric testing.
PPE – Personal Protective Equipment	<ul style="list-style-type: none"> • Ear plugs or ear muffs with appropriate Noise Reduction Rating. • Safety helmet. • Safety goggles. • Full-sleeve protective clothing. • Safety boots.

Residual Risk

Likelyhood	2
Consequences	4
Residual RR	8
Risk Level	Medium Risk

Additional Control Measure	NA
Opportunities	NA

Hazard

Hazard	Dust generation
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Risk	Breathing difficulty
Likelyhood	3
Consequences	4
RR	12
Risk Level	Medium Risk

Control Measures

E – Elimination	<ul style="list-style-type: none"> • Avoid dry grinding where wet grinding methods can be applied to suppress dust. • Do not operate grinding machines without functional dust collection systems. • Remove accumulated debris before grinding to reduce airborne dust.
SB – Substitution	<ul style="list-style-type: none"> • Use vacuum-integrated grinding machines designed to capture dust at source. • Replace conventional abrasive pads with low-dust generation pads. • Use water-assisted grinding techniques where technically feasible.
EC – Engineering Controls	<ul style="list-style-type: none"> • Install local exhaust ventilation systems connected to dust collection units. • Provide industrial vacuum systems for continuous dust removal. • Ensure adequate natural or mechanical ventilation in enclosed areas. • Use physical containment sheets to prevent dust spread to adjacent areas.
AD – Administrative Controls	<ul style="list-style-type: none"> • Conduct toolbox talks on silica dust hazards and respiratory protection requirements. • Limit exposure time for workers in high-dust environments. • Maintain housekeeping practices including wet sweeping or vacuum cleaning instead of dry sweeping. • Keep dust monitoring records if applicable.
PPE – Personal Protective Equipment	<ul style="list-style-type: none"> • N95 or higher-grade respirator suitable for fine dust particles. • Safety goggles with side protection. • Full-sleeve protective clothing. • Gloves. • Safety boots with anti-slip sole.

Residual Risk

Likelihood	1
Consequences	4
Residual RR	4
Risk Level	Low Risk
Additional Control Measure	NA
Opportunities	NA

Sub-Activity: Rebar Cutting / Bending Machine

Hazard

Hazard	Mechanical vibration & motor noise
Risk	Operator hearing loss
Likelihood	3
Consequences	4
RR	12
Risk Level	Medium Risk

Control Measures

E – Elimination	<ul style="list-style-type: none"> • Avoid operating rebar cutting or bending machines in enclosed fabrication yards where noise reflection from walls and roofing sheets can amplify sound levels. • Do not allow multiple cutting or bending machines to operate simultaneously in close proximity unless required for production sequencing. • Stop operation immediately if unusual rattling, grinding, or abnormal motor noise is detected due to loose mechanical parts or internal wear. • Remove non-essential personnel from the immediate operating zone to eliminate unnecessary noise exposure.
SB – Substitution	<ul style="list-style-type: none"> • Use modern rebar cutting and bending machines equipped with low-noise electric motors and vibration-dampening systems. • Replace older mechanical machines with hydraulic-operated systems that operate more smoothly and produce lower vibration levels. • Use properly sharpened cutting blades to reduce motor strain and excessive noise generation.
EC – Engineering Controls	<ul style="list-style-type: none"> • Install rubber isolation pads or vibration dampers beneath the machine foundation to reduce vibration transmission. • Ensure the machine is firmly anchored to a stable and level base to prevent excessive movement during operation. • Conduct regular lubrication and maintenance of gears, bearings, and rotating components to prevent friction-induced noise. • Install acoustic shields or temporary sound barriers around the fabrication area where feasible.
AD – Administrative Controls	<ul style="list-style-type: none"> • Conduct periodic noise monitoring to ensure exposure levels remain within permissible limits. • Implement job rotation to limit prolonged exposure of operators to continuous motor noise. • Provide toolbox talks on risks of long-term hearing damage and importance of protective measures. • Maintain documented maintenance schedules and inspection logs. • Display signage.
PPE – Personal Protective Equipment	<ul style="list-style-type: none"> • Ear plugs or ear muffs with suitable Noise Reduction Rating (NRR). • Safety helmet if overhead hazards exist. • Safety goggles to protect from metal fragments. • Cut-resistant gloves for handling rebar. • Safety boots with steel toe protection.

Residual Risk

Likelihood	1
Consequences	4
Residual RR	4
Risk Level	Low Risk

Additional Control Measure	NA
Opportunities	NA

Hazard

Hazard	Poor anchoring of machine
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Risk	Equipment movement, tip-over
Likelihood	3
Consequences	4
RR	12
Risk Level	Medium Risk

Control Measures

E-Elimination	<ul style="list-style-type: none"> • Avoid installing diesel generator sets near worker rest areas, offices, or high-occupancy zones. • Do not operate generator continuously without load management planning to reduce unnecessary runtime. • Stop operation immediately if abnormal engine knocking or excessive sound indicates malfunction.
SB-Substitution	<ul style="list-style-type: none"> • Use silent-type DG sets equipped with acoustic enclosures. • Replace older high-noise generators with newer low-emission, low-noise models. • Use electric power supply from grid where available instead of continuous DG operation.
EC-Engineering Controls	<ul style="list-style-type: none"> • Install acoustic enclosure or soundproof canopy around generator. • Provide vibration isolation pads beneath generator base frame. • Ensure exhaust system includes proper mufflers and silencers. • Install generator at adequate distance from main work zones. • Construct dedicated generator room with sound-absorbing wall panels where feasible.
AD-Administrative Controls	<ul style="list-style-type: none"> • Conduct periodic noise level monitoring. • Restrict access to generator area during operation. • Conduct maintenance as per manufacturer schedule to prevent excessive noise. • Display signage: "High Noise Area – Authorized Personnel Only." • Implement hearing conservation program for generator operators.
PPE-Personal Protective Equipment	<ul style="list-style-type: none"> • Ear plugs or ear muffs suitable for engine noise levels. • Safety helmet. • Safety gloves. • Safety boots.

Residual Risk

Likelihood	1
Consequences	4
Residual RR	4
Risk Level	Low Risk
Additional Control Measure	NA
Opportunities	NA

Sub-Activity: Generator Operation (DG Sets)

Hazard

Hazard	Prolonged engine noise
Risk	Hearing loss, irritation
Likelihood	4
Consequences	4
RR	16
Risk Level	High Risk

Control Measures

E - Elimination	<ul style="list-style-type: none"> • Avoid installing diesel generator sets near worker rest areas, offices, or high-occupancy zones. • Do not operate generator continuously without load management planning to reduce unnecessary runtime. • Stop operation immediately if abnormal engine knocking or excessive sound indicates malfunction.
SB-Substitution	<ul style="list-style-type: none"> • Use silent-type DG sets equipped with acoustic enclosures. • Replace older high-noise generators with newer low-emission, low-noise models. • Use electric power supply from grid where available instead of continuous DG operation.
EC-Engineering Controls	<ul style="list-style-type: none"> • Install acoustic enclosure or soundproof canopy around generator. • Provide vibration isolation pads beneath generator base frame. • Ensure exhaust system includes proper mufflers and silencers. • Install generator at adequate distance from main work zones. • Construct dedicated generator room with sound-absorbing wall panels where feasible.
AD-Administrative Controls	<ul style="list-style-type: none"> • Conduct periodic noise level monitoring. • Restrict access to generator area during operation. • Conduct maintenance as per manufacturer schedule to prevent excessive noise. • Display signage: "High Noise Area – Authorized Personnel Only." • Implement hearing conservation program for generator operators.
PPE-Personal Protective Equipment	<ul style="list-style-type: none"> • Ear plugs or ear muffs suitable for engine noise levels. • Safety helmet. • Safety gloves. • Safety boots.

Residual Risk

Likelihood	1
Consequences	4
Residual RR	4
Risk level	Low Risk
Additional Control Measures	NA
Opportunities	NA

Hazard

Hazard	Vibration transmitted through foundation
Risk	Cracks in surrounding structures
Likelihood	3
Consequences	3
RR	9
Risk Level	Medium Risk

Control Measures

E - Elimination	<ul style="list-style-type: none"> • Avoid installing generator directly on weak or non-engineered flooring. • Do not operate generator if excessive vibration or abnormal shaking is observed. • Avoid placing generator close to structural columns or load-bearing walls. • Stop operation immediately if new cracks appear in nearby structures.
SB – Substitution	<ul style="list-style-type: none"> • Use generator with built-in vibration isolation base frame. • Replace rigid mounting system with anti-vibration spring or rubber mounts. • Use low-RPM generator models to reduce vibration intensity.

EC – Engineering Controls	<ul style="list-style-type: none"> • Provide dedicated reinforced concrete foundation as per design specification. • Install heavy-duty anti-vibration pads between generator and foundation. • Ensure proper alignment of engine and alternator coupling. • Tighten anchor bolts properly to prevent lateral movement. • Use flexible exhaust connections to prevent vibration transfer to structure.
AD – Administrative Controls	<ul style="list-style-type: none"> • Conduct structural assessment before installation. • Inspect surrounding walls and floors periodically for cracks. • Maintain preventive maintenance schedule to control imbalance. • Keep inspection and monitoring records. • Train maintenance team to identify abnormal vibration.
PPE – Personal Protective Equipment	<ul style="list-style-type: none"> • Safety helmet during installation and maintenance. • Safety gloves. • Safety shoes with steel toe. • Hearing protection during operational checks.

Residual Risk

Likelihood	1
Consequences	3
Residual RR	3
Risk level	Low Risk
Additional Control Measures	NA
Opportunities	NA

Sub-Activity: Concrete Pump Operation / Boom Placer

Hazard

Hazard	Hydraulic motor noise
Risk	Stress, hearing strain
Likelihood	3
Consequences	4
RR	12
Risk Level	Medium Risk

Control Measures

E - Elimination	<ul style="list-style-type: none"> • Avoid prolonged exposure to operating concrete pump noise by scheduling shifts. • Stop operation if nearby workers are not adequately protected from noise. • Avoid working near hydraulic motors without proper noise barriers.
SB – Substitution	<ul style="list-style-type: none"> • Use low-noise hydraulic pumps or electrically powered boom placers where feasible. • Replace older generators/pumps with modern models designed for reduced noise emissions.
EC – Engineering Controls	<ul style="list-style-type: none"> • Install acoustic enclosures around hydraulic motors. • Use vibration-damping mounts on pumps and hoses. • Maintain equipment regularly to prevent excessive noise due to worn components.
AD – Administrative Controls	<ul style="list-style-type: none"> • Implement work/rest cycles to limit continuous noise exposure. • Conduct noise monitoring near boom placer operation. • Train operators on noise hazards and hearing protection usage. • Restrict personnel presence near high-noise areas unless necessary.

PPE – Personal Protective Equipment	<ul style="list-style-type: none"> • Ear plugs or earmuffs with appropriate noise attenuation. • Safety helmet. • Safety gloves. • Safety shoes with anti-slip sole.
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Residual Risk

Likelyhood	2
Consequences	4
Residual RR	8
Risk level	Medium Risk

Additional Control Measures	NA
Opportunities	NA

Hazard

Hazard	Vibrations through hoses and chassis
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Risk	Muscle fatigue
Likelyhood	3
Consequences	3
RR	9
Risk Level	Medium Risk

Control Measures

E - Elimination	<ul style="list-style-type: none"> • Avoid prolonged operation without breaks to reduce muscle fatigue. • Stop using hoses with visible damage or kinks to prevent excessive vibration.
SB – Substitution	<ul style="list-style-type: none"> • Replace rigid hoses with flexible vibration-damping hoses. • Use smaller boom sections where feasible to reduce vibration transmission.
EC – Engineering Controls	<ul style="list-style-type: none"> • Install vibration isolation mounts on pump chassis and hose connections. • Ensure proper hose routing to minimize operator contact with vibration sources. • Maintain hydraulic pressure and flow within manufacturer-recommended limits to reduce vibration.
AD – Administrative Controls	<ul style="list-style-type: none"> • Schedule regular breaks to relieve operators from vibration fatigue. • Conduct toolbox talks on correct handling posture. • Rotate operators to reduce continuous exposure.
PPE – Personal Protective Equipment	<ul style="list-style-type: none"> • Anti-vibration gloves. • Long-sleeve protective clothing. • Safety boots. • Eye protection if vibration causes hose movement or fluid splashes.

Residual Risk

Likelyhood	2
Consequences	3
Residual RR	6
Risk level	Low Risk

Additional Control Measures	NA
Opportunities	NA

Sub-Activity: Metal Cutting / Welding (Mechanical Saw, Grinder)

Hazard

Hazard	High-pitched noise and vibration
Risk	Hearing loss, hand strain
Likelihood	4
Consequences	4
RR	16
Risk Level	High Risk

Control Measures

E – Elimination	<ul style="list-style-type: none"> • Avoid prolonged exposure to high-pitched noise from cutting or grinding tools by scheduling work in shifts. • Stop operations if workers nearby are not wearing adequate hearing protection. • Avoid using old or poorly maintained equipment that produces excessive vibration or noise.
SB – Substitution	<ul style="list-style-type: none"> • Use low-noise and low-vibration cutting/grinding equipment wherever technically feasible. • Replace handheld grinders with bench-mounted tools to reduce direct hand-arm vibration.
EC – Engineering Controls	<ul style="list-style-type: none"> • Fit vibration-damping handles on grinders and saws. • Install acoustic shields or barriers around noisy equipment. • Maintain cutting discs, motors, and bearings regularly to minimize vibration and noise.
AD – Administrative Controls	<ul style="list-style-type: none"> • Conduct training sessions and toolbox talks on risks of noise and vibration exposure. • Implement work/rest rotations to reduce continuous exposure. • Conduct regular hearing tests and hand-arm vibration monitoring for operators. • Restrict access to areas where high-noise cutting/grinding is being performed to only necessary personnel.
PPE – Personal Protective Equipment	<ul style="list-style-type: none"> • Ear plugs or earmuffs with appropriate noise attenuation. • Anti-vibration gloves. • Full-face shield or safety goggles to protect eyes from sparks and debris. • Long-sleeve protective clothing. • Safety boots with reinforced toes and anti-slip soles.

Residual Risk

Likelihood	2
Consequences	4
Residual RR	8
Risk Level	Medium Risk

Additional Control Measures	NA
Opportunities	NA

Hazard

Hazard	Vibration from cutting handle
Risk	Fatigue, loss of grip control
Likelihood	3
Consequences	3
RR	9
Risk Level	Medium Risk

Control Measures

E - Elimination	<ul style="list-style-type: none"> • Avoid prolonged continuous operation without breaks. • Stop using handles or tools that are worn or slippery causing poor grip.
SB – Substitution	<ul style="list-style-type: none"> • Replace standard handles with ergonomic, vibration-dampening handles. • Use alternative tools or automated machines where possible to reduce hand-arm vibration.
EC – Engineering Controls	<ul style="list-style-type: none"> • Install vibration-damping mounts and grips. • Adjust tool speed and load according to manufacturer's recommendations to minimize vibration.
AD – Administrative Controls	<ul style="list-style-type: none"> • Implement operator rotation to limit continuous exposure. • Conduct toolbox talks on proper grip and posture during tool operation. • Maintain a log for exposure duration and incidents of fatigue or numbness.
PPE – Personal Protective Equipment	<ul style="list-style-type: none"> • Anti-vibration gloves. • Full-sleeve protective clothing. • Safety boots. • Eye protection if sparks or debris are present.

Residual Risk

Likelihood	2
Consequences	3
Residual RR	6
Risk Level	Low Risk
Additional Control Measures	NA
Opportunities	NA

History

Created On	Created By	Comment	Attachments
01-Apr-2026 01:45:33 PM	Renard Whatley	Published	
27-Mar-2026 02:17:23 AM	Renard Whatley	A new record was created: Hira Type set to 'Noise and Vibration' Hira Status set to 'Submitted' Next Revision Date set to '26-Mar-2027' Revision Number set to '1'	